

# Principles of Substance Abuse Prevention for Early Childhood

## A Research-Based Guide



### Chapter 1

Why Is Early Childhood Important to Substance Abuse Prevention?



### Chapter 2

Risk and Protective Factors



### Chapter 3

Intervening in Early Childhood



### Chapter 4

Research-Based Early Intervention Substance Abuse Prevention Programs



### Chapter 5

Selected Resources



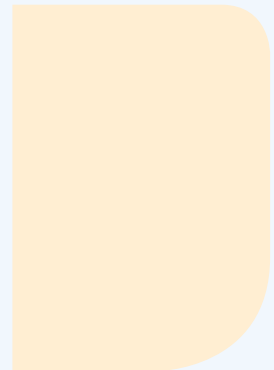
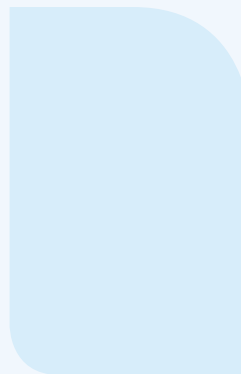
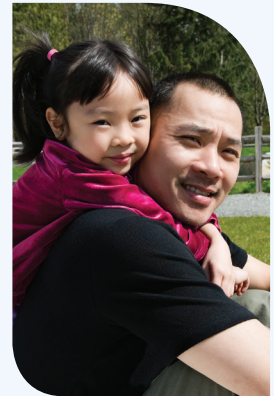
### Appendix 1

From Theory To Outcomes—Designing Evidence-Based Interventions



### Appendix 2

Selecting and Implementing an Intervention



## Principles of Substance Abuse Prevention for Early Childhood

- 1** Intervening early in childhood can alter the life course trajectory in a positive direction.
- 2** Intervening early in childhood can both increase protective factors and reduce risk factors.
- 3** Intervening early in childhood can have positive long-term effects.
- 4** Intervening in early childhood can have effects on a wide array of behaviors, even behaviors not specifically targeted by the intervention.
- 5** Early childhood interventions can positively affect children's biological functioning.
- 6** Early childhood prevention interventions should target the proximal environments of the child.
- 7** Positively affecting a child's behavior through early intervention can elicit positive behaviors in adult caregivers and in other children, improving the overall social environment.



For more information visit: [www.drugabuse.gov/earlychildhood](http://www.drugabuse.gov/earlychildhood)



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